



Making Hampshire Safer



**HAMPSHIRE
FIRE AND
RESCUE
SERVICE**



Making Hampshire Safer



Stay Safe on the Roads.

Don't drive tired –

- Plan in a 15 min rest break for every 2hrs of driving.
- Avoid making long trips between midnight- 6am and 2-4pm when natural alertness is low.
- Share the driving if possible.
- Consider the weather conditions i.e. low sun, icy, wet, slippery roads make driving challenging.

Don't drink drive –

- Nearly one in six of all deaths on the road involve drivers who are over the legal alcohol limit.
- The only safe option is not to drink any alcohol if you plan to drive and never offer an alcoholic drink to anyone else who is driving.
- Driving whilst above the legal limit or unfit through drink carries a maximum penalty of 6 months' imprisonment, a fine of up to £5,000 and a minimum 12 months driving ban.

Don't use your mobile phone while driving –

- In **February 2007**, the fine was increased to £60 and three penalty points on your licence. Penalty points = higher insurance costs.
- If you get six points within two years of passing your test, your licence will be revoked and you will need to re-sit the test.
- If the case goes to court, you could risk a maximum fine of £1,000, which rises to £2,500 for the drivers of buses, coaches, or heavy goods vehicles.

Always buckle up -

- Drivers and front seat passengers in cars must wear a seat belt, unless they have a medical exemption certificate.
- Children under the age of 14, travelling in the rear of a car that has appropriate restraints, must belt up.
- Adults travelling in the rear of a car must also use seat belts. If they are fitted, it is the responsibility of the adult passenger (not the driver) to ensure that they are using the seat belt.

Useful contact points and further information:

Hampshire Fire and Rescue Service homepage: www.hantsfire.gov.uk

Community Fire Safety Department: 023 8062 6809

Email: community.firesafety@hantsfire.gov.uk

